

Texas Law Enforcement Peer Network

Michael Mata

Regional Director of South Texas



Thank you Texas Judicial Commission on Mental Health

I am blessed and honored to present to you
today.

I am here to serve..



TLEPN- Regional Director of South Texas

Recruit and Promote the TLEPN in the State of Texas

Hold quarterly activities in the regions I oversee

Train officers and trainers in the Texas Law Enforcement Peer Network (TLEPN) #6400 to be the resource for officers throughout the State of Texas who struggle with depression, anxiety, suicidal ideation and mental health issues.

Goal of TLEPN: Reduce the number of Police Suicide to ZERO

Coordinate with Peer Support Teams, Mental Health Professionals, Chaplains and Support K9s in the State of Texas, before, during and after critical incidents that require Support Services in the Region.





My Story...Michael Mata the
cop, retired, #notarealcop

1998-2019 Pharr PD (ret.)

2019-2021 PSJA ISD PD

Sergeant - SBLE

2022-Present TLEPN

Master Peace Officer

Hostage Negotiations

Instructor

Mental Health Peace Officer

Breath Test Operator

Gang Unit (STG, MC)

Senior Officer

Field Training Officer

CAPE Officer

Pharr Port of Entry

Community Officer

ICISF/ CISM



Key points for you to ponder...

Where do YOU go for work-related support?

**To mentally process the Crime Scenes you can't
unsee?**

To decompress after a major incident?

**Do you know someone you can call within your
organization?**

Does your organization have a Peer Support Team?

Key points for you to ponder...

Are you taking care of yourselves (diet, exercise, mental wellness)

**Do you have a culturally competent MHP on speed dial?
I DO!**

Have you planned for Retirement? (Get going!)

Those of you that have retired... Do you still have nightmares?

Senate Bill 64
Tx Sec of State Jane Nelson &
Tx Sen Royce West

CONFIDENTIALITY

&

***PROTECTION TO
LICENSURE***

***are key components of
SB64.***



Texas Law Enforcement Peer Network

Statewide program designed to give every Texas law enforcement officer access to specially trained peers to ***address stressors, trauma, fatigue, and other needs to combat workforce burnout and END POLICE SUICIDE.***



What is the Texas Law Enforcement Peer Network?

Statewide network of peers, trained by TLEPN, with TCOLE Approved Curriculum

Connects peace officers, telecommunicators, corrections officers across the State of Texas and guidance to culturally competent MHP

Maintains a resource list of certified culturally competent mental health providers vetted by experts

Family and peer events hosted by law enforcement agencies

Respond to Crises by contacting lead agency to offer statewide resources, Peer Support, Chaplains, MHP, and other support



TEXAS LAW ENFORCEMENT
PEER NETWORK
UNIVERSITY OF NORTH TEXAS AT DALLAS



Dustin Schellenger
Director of TLEPN
UNT-Dallas



Michael Mata
Regional Director
South Texas



TEXAS LAW ENFORCEMENT
**PEER
NETWORK**

TOGETHER WE
FIGHT



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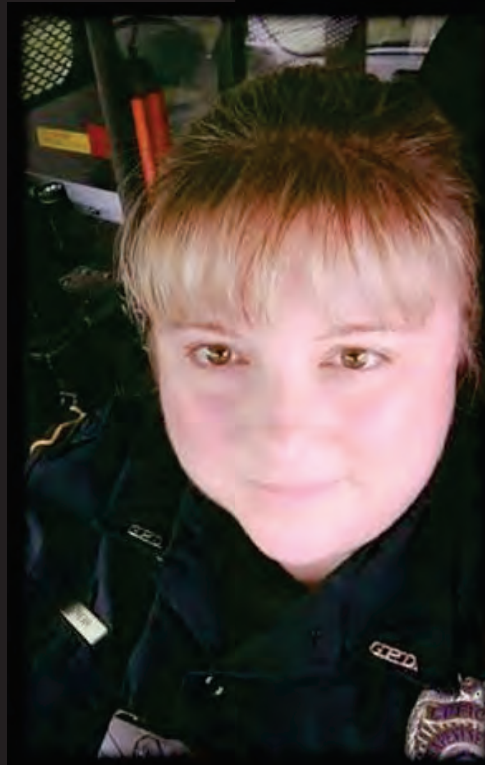
Lyndsay Waychoff
Regional Director
West Texas



Ricky Jones
Regional Director
Central North



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Christina O' Rear
Regional Director
North Texas



K9 Remi
North Texas



Kate Powell
Regional Director
Central South



Sherrie Dowty-Montano
Regional Director
Panhandle

A portrait of Chief Todd Hunter, a man with short brown hair, wearing a dark blue police uniform. He has a gold badge on his left chest and a patch on his right sleeve. He is sitting at a desk with his hands clasped.

Chief Todd Hunter

**Regional Director
East Texas**

TEXAS LAW ENFORCEMENT
**PEER
NETWORK**

TOGETHER
WE FIGHT



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Aaron Edwards
UNT-Dallas
Project Coordinator



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TOGETHER WE
FIGHT



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Texas Law Enforcement Peer Network



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TEXAS STATE
Texas School Safety Center

TMPPA
The Voice of Texas Law Enforcement

Interagency Cooperation

Texas Department
of Public Safety

Lonestar Readiness App

Your 24/7 Peer Network App
Download Now!

You do so much to serve and take care of others, now take care of yourself.



- Confidential & Anonymous
No user registration required
- Resources from the TLEPN
- Access to Texas Blue Chip program
- State-wide instant peer connection
- Self-Assessments
PTSD, Depression & Resilience
- One-touch dialing to 24/7 support services
- Regional Wellness Resources



TEXAS LAW ENFORCEMENT
PEER NETWORK



Download on the
App Store

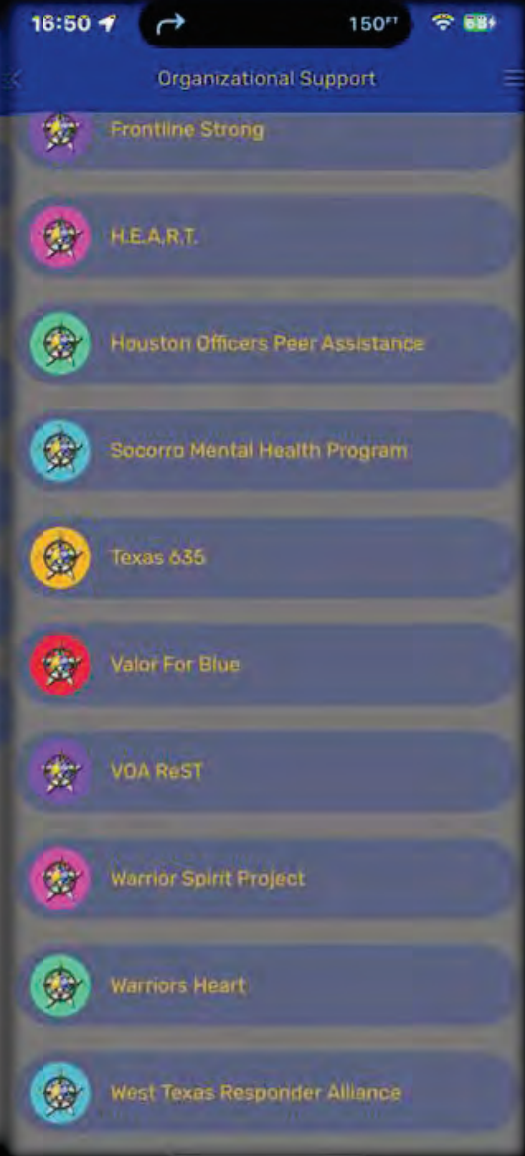
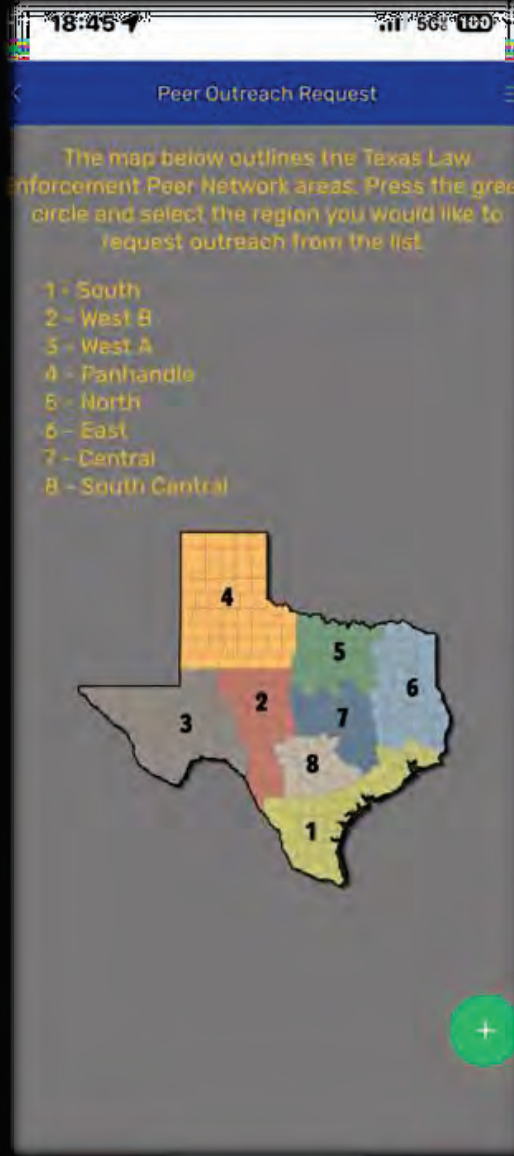
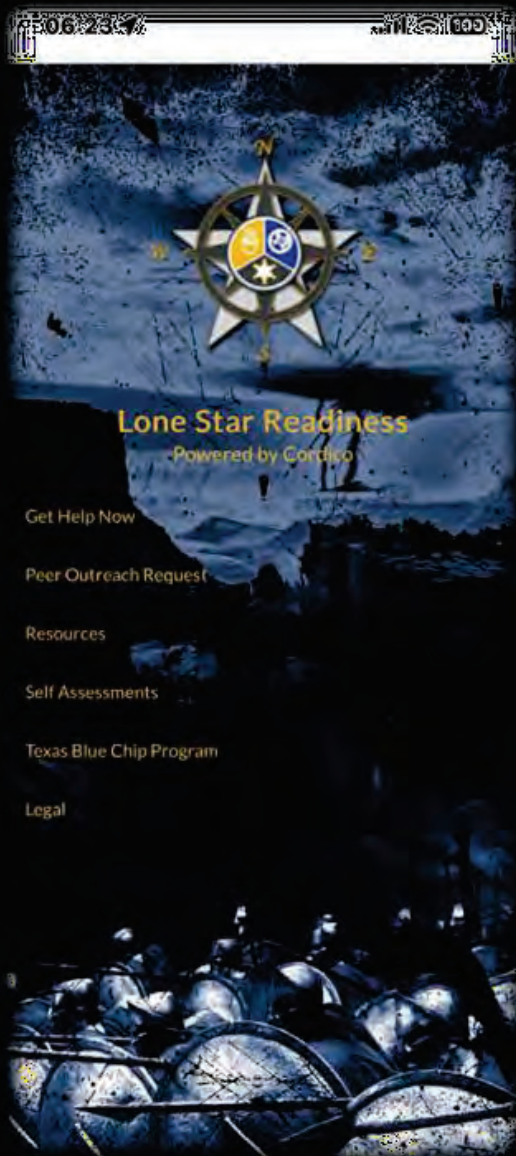
GET IT ON
Google Play

Scan the QR code to install the wellness app.

Please check your MyTCOLE Account for login information.

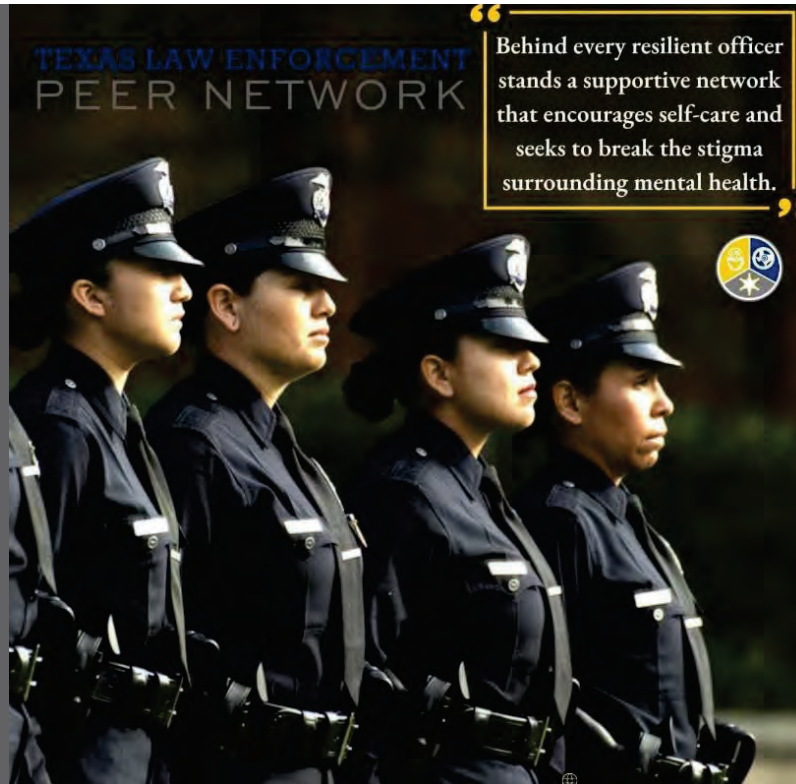


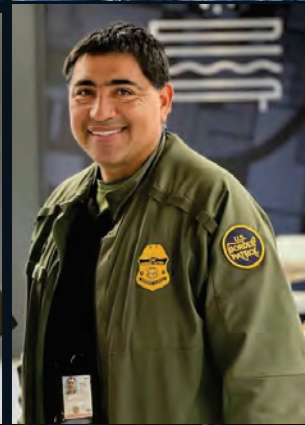
powered by dot.



What is peer support?

The Importance of Early Intervention





How Peer Support Saves Lives?