

NAVIGATING THE CIVIL COMMITMENT PROCESS: A Clinical and Legal Perspective

Presented by: Roberto Kutcher-Diaz, M.D. Daniela Chisolm, Assistant County Attorney

NAVIGATING THE CIVIL COMMITMENT PROCESS: A Clinical and Legal Perspective

LEARNING OBJECTIVES

1. Summarize the legal process of an involuntary inpatient or outpatient mental health court commitment and explain when these legal interventions are implemented.

2. Provide examples of successful community-based outpatient programs utilized for involuntary court commitments.

3. Describe the role of physicians or medical professionals in the legal process of involuntary mental health court commitment.





Resident, Texas Tech University Health Sciences Center





DANIELA CHISOLM

Sr. Trial Team Chief, El Paso County Attorney's Office







ROBERTO KUTCHER DIAZ, MD

Resident, Texas Tech University Health Sciences Center

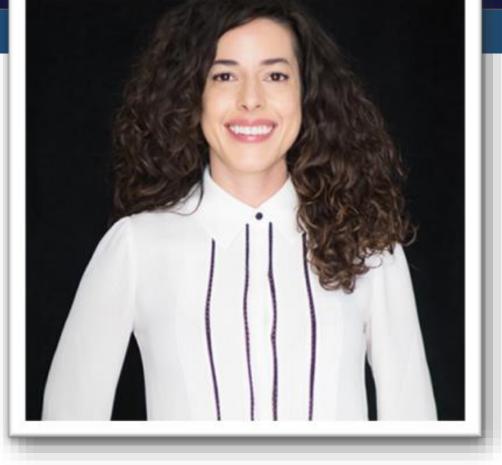
Roberto Kutcher Diaz is originally from San Juan, Puerto Rico. He completed his bachelor's degree in biopsychology at the University of California, Santa Barbara, where he first discovered his passion for mental health. Kutcher Diaz completed his master's degree in Public Health at the San Juan Bautista School of Medicine in Caguas, PR, where he graduated Summa Cum Laude. Kutcher Diaz received his medical doctorate from Universidad Central del Caribe in Bayamon, PR. Currently, Kutcher Diaz is finishing my 3rd year of residency at Texas Tech, after which he will begin his child and adolescent psychiatry fellowship. During his time in residency, Kutcher Diaz learned a lot about the medical-legal aspects of psychiatry through his training, working with both medical and legal professionals, and one of his goals is to create awareness of how the system works to aid access to appropriate care, especially in the context of acute mental illness.



DANIELA CHISOLM

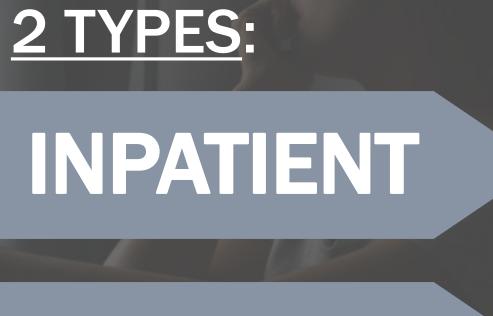
Sr. Trial Team Chief, El Paso County Attorney's Office

Assistant County Attorney, Daniela Chisolm, is a Senior Trial Attorney in the Mental Health Litigation Unit at the El Paso County Attorney's Office. Chisolm represents the State of Texas in the civil court commitment processes. Chisolm is a former defense attorney for those individuals in the court commitment process. She has a unique perspective of being on both sides of the civil commitment laws creating in depth insight to the systemic barriers for both sides in the mental health system. Chisolm trains local, statewide and national mental health stakeholders. Chisolm serves as the Vice President on the Board of Directors for NAMI El Paso. Chisolm is passionate about improving the mental health system.



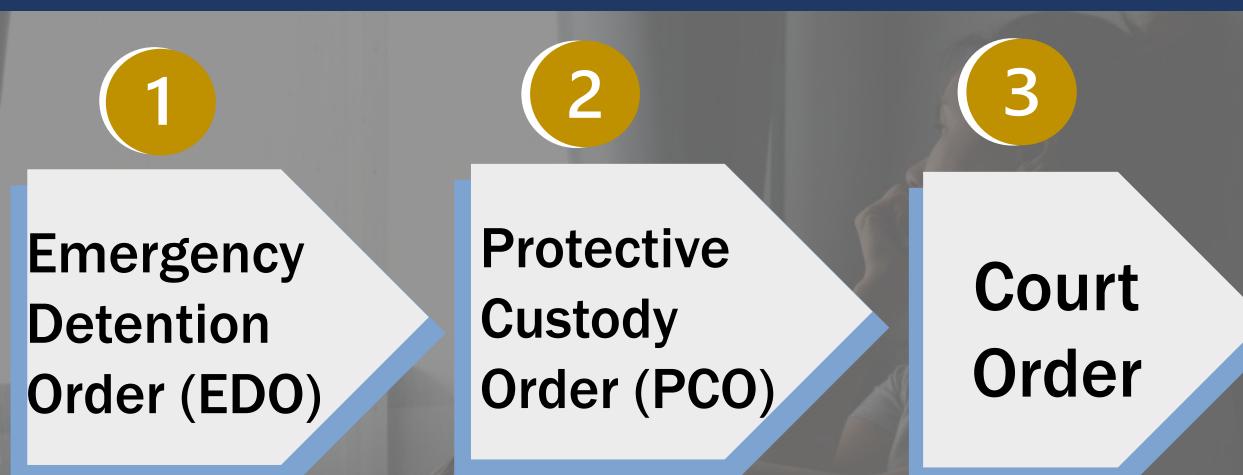
Civil Commitments

COURT ORDERED INTERVENTION TO HELP SOMEONE SUFFERING FROM A MENTAL HEALTH ILLNESS

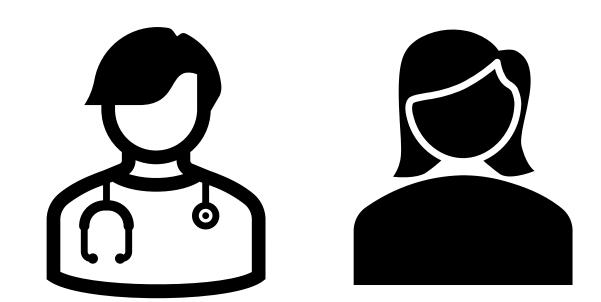


OUTPATIENT

Initiating the Process







EMERGENCY DETENTION ORDER

WARRANTLESS DETENTION BY A PEACE OFFICER

APPLICATION BY A PHYSICIAN <u>OR</u> ADULT



EMERGENCY DETENTION ORDER

Elements of EDO

1. MENTAL ILLNESS

AND

2. RISK OF HARM TO SELF AND/OR OTHERS (DETERIORATION)

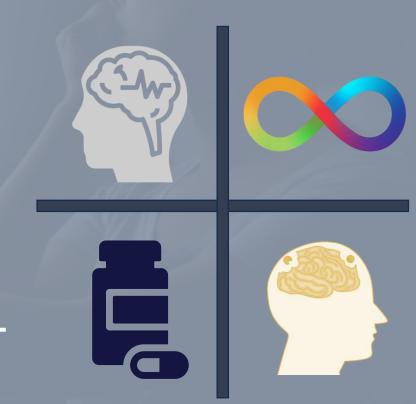


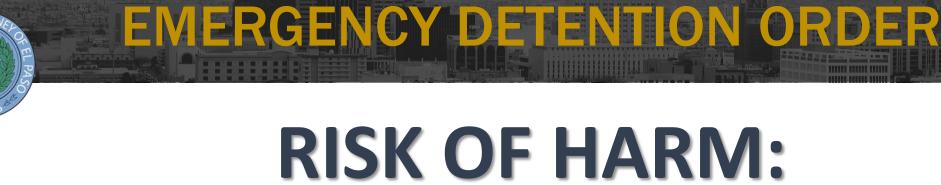
Mental Illness Defined:

Disease or condition that substantially impairs a person's thoughts, perception of reality, emotional process, judgment, or gross impairs behavior.

Mental Illness <u>DOES NOT</u> Include:

- Epilepsy
- Dementia
- Substance Abuse
- Intellectual Disability





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VS

1. Must be based on personal observation

2. Context is key (jingle bells)





EMERGENCY DETENTION ORDER

1. Purpose?

Evaluation

2. Duration

48 Hrs (includes time waiting in the facility before prelim exam)

3. What if more time is needed?

• Second EDO (must be based on new conduct)

Notification-Emergency Detention NO.	My beliefs are based upon the following recent behavior, overt acts, attempts, statements, or threats observed by me or reliably reported to me:
DATE:TIME:	
THE STATE OF TEXAS FOR THE BEST INTEREST AND PROTECTION OF:	
DOB:	The names, addresses, and relationship to the above-named person of those persons who report observed recent behavior, acts, attempts, statements, or threats of the above-names person are
NOTIFICATION OF EMERGENCY DETENTION	
Now comes, a peace officer with El Paso Police Department, of the State of Texas, and states as follows:	For the above reasons, I present this notification to seek temporary admission to the (name of faci inpatient mental health facility or hospital facility for th (name of person to be detained)on an emergency
1 Thatse reason to believe and do believe that (name of nerton to be detained):	
evidences mental illness.	6. Was the person restrained in any way? Yes D No D
I have reason to believe and do believe that the above-named person evidences a substantial risk of serious harms to himself/herself or others based upon the following:	X BADGE NO BADGE NO
	Address:Zip Code:Telephone:
3. I have reason to believe and do believe that the above risk of harm is imminent unless	A mental health facility or hospital emergency department may not require a peace officer t execute any form other than this form as a predicate baccepting for temporary admission a person detained under Section 573.001, Texas Health and Safety Code.
 I have reason to believe and do believe that the above risk of harm is miniment unless the above-named person is immediately restrained. 	perion detained under Section 5/3.001, 1 exas Health and Safety Code.

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DATE:	TIME:
THE STATE OF TEXAS FOR THE BEST INTERE	ST AND PROTECTION OF:
	D.O.B.:
NOTIFICA	TION OF EMERGENCY DETENTION
Now comes	tates as follows:
of the State of Texas, and	tates as follows:
1. I have reason to believe	and do believe that (name of person to be detained): evidences mental illness.
	and do believe that the above-named person evidences a substantial risk elf/herself or others based upon the following:

the above-named person is immediately restrained.

5. The names, addresses, and relationshi observed recent behavior, acts, attem			
For the above reasons, I present this noti (name of person to be detained)	fication to seek ten inpatient mental h	porary admission to the (na alth facility or hospital fac on an e	ume of facility) for the detention of emergency basis.
For the above reasons, I present this noti (name of person to be detained) Was the person restrained in any way?	_inpatient mental h	porary admission to the (na alth facility or hospital fac on an e	ume of facility) ility for the detention of emergency basis.
(name of person to be detained)	inpatient mental h Yes 🗆 No 🗆	porary admission to the (na ealth facility or hospital fac on an e	cility for the detention of emergency basis.

"Physician" Defined:

"**PHYSICIAN**" includes those:

- A. Licensed to practice in Texas
- B. Employed by a Federal agency licensed to practice in any state; or
- C. Residents licensed under physician-in-training permit at a Texas post graduate program approved by the Accreditation Council for the Graduate Medical Education, the American Osteopathic Association, or the Texas Medical Board.

Notification Emerge	acy Detention NO.	
DATE	TIME	
THE STATE OF TEX FOR THE BEST INT	AS EREST AND PROTECTION OF	
	DOB:	
NOTE	ICATION OF EMERGENCY DETENTION	
Now comes of the State of Texas,	a peace officer with El Paso Police Department, and states as follows:	
1. I have reason to be	ieve and do believe that (name of perion to be detained) evidences mental illness.	
2. 1 have reason to be of serious harm to	ieve and do believe that the above named person evidences a substantial risk immeltherself or others based upon the following:	
	ieve and do believe that the above nik of harm is imminent unless erron is immediately restrained.	

APPLICATION FOR EMERGENCY DETENTION TO EL PASO COUNTY JAIL MAGISTRATE <u>MUST BE SIGNED BY A PHYSICIAN ONLY</u>

DATE: _____ Time: ____ APPLICANT'SNAME/TELEPHONE: _____

I, the above applicant, physician, make this application for the emergency detention of

DOB , who can be found at	El Paso, TX 79
---------------------------	----------------

EMERGENCY DETENTION IS SOUGHT FOR THE FOLLOWING REASONS:

- 1. I have reason to believe and do believe that the person evidences mental illness and/or is chemically dependent.
- 2. I have reason to believe and do believe that the person presents substantial and imminent risk of harm to self or others unless the person is immediately restrained.
- 3. My above stated beliefs are based on the following specific recent behavior, overt acts, overt attempts or threats, or evidence of severe emotional distress and deterioration in the person's mental or physical condition to the extent that the person cannot remain at liberty. "Recent" means within the past 10 days.

(Include information regarding the persons eating; drinking; recent weight loss/gain; hygiene; and living conditions)

	(Please continue on separate sheet if necessary),
which were personally observed by me	(PHYSICIAN OBSERVER) andmy
relation to the detained is as follows:	, AND/OR which were reliably
reported to me by	(REPORTER) whose relation to the
detained is as follows:	
Executed under penalty of perjury at AM	PM on the day of, 20

SIGNATURE OF PHYSICIAN

Diagnosis Physician's Personal Observations Of Behavior Indicative Of Harm

NO CONCLUSORY STATEMENTS

Emergency Detention Order

<u>Sample Form</u>: Application for Emergency Detention by Adult (anyone other than physicians & law enforcement)

Name:		DOD	1.00	
Home Address:	City	DOB:	AGE:	
Home Phone#:C				
How long has the person been at 1				
If the person CANNOT be found			ddress where the per	son CAN
found:				
Have you contacted law enforce	ment prior to submitt	ing the Application	for Emergency?	
Detention? OYES	ONO			
If YES, when was the last time?				
What was the outcome?				
2. APPLICANT INFORMATIO	ON:			
Applicant's Name:				
Home Address:	City:		Zip Code:	
Home Phone#:	Cell#:	OTHER#:		
Place of Employment:		_		
Work Address:		Work	Phone#:	
Email address				
What is your relationship to the	person for whom you	are seeking an em	ergency detention?	
When and where did you last se		ed patient?		
Answer:				
3. EVIDENCE OF MENTAL I		\cap		
Does the person have a mental ille				
	c.g., Bipolar disorder,	schizophrenia):		
If "YES", what is the diagnosis? (
If "YES", what is the diagnosis? (Answer:				

TODAY)	
	ther person within the past 10 days because of his/her mental illness. e person who received any injuries, and when it occurred.
PLEASE INCLUDE THE DAT	E(S) WHEN YOU PERSONALLY OBSERVED THE INCIDENT(S)
DATE MUST BE WITHIN 19 DAYS OF APPLICATION TO INCLUDE TODAYJ	SPECIFIC OVERT ACT PERSONALLY WITNESSED

1. INFORMATION ON THE PERSON FOR WHOM YOU ARE SEEKING THE EMERGENCY DETENTION:

Name:		DOB:	AGE:
Home Address:	C	ity:	Zip Code:
			act#:
How long has the perso	on been at their present add	dress?	
If the person CANNOT	be found at his/her home	address, please provide a	in address where the person CAN b
found:			
	w enforcement prior to		
Detention?	YES ONO		
If YES, when was the	ast time?		
2. APPLICANT INFO	ORMATION:		
Applicant's Name:			
Home Address:	C	ity:	Zip Code:
Home Phone#:	Cell#:	OTHER#:	
Place of Employment:			
			rk Phone#:
What is your relation	ship to the person for wh	om you are seeking an o	emergency detention?
When and where did	you last see or hear from	proposed patient?	
Answer:			
3. EVIDENCE OF M	ENTAL ILLNESS:		-
Does the person have a	mental illness diagnosis?) yes 🔘 no
If "YES", what is the d	liagnosis? (e.g., Bipolar di	isorder, schizophrenia):	
Answer:			
When was the person d	liagnosed?		
Answer:			

4. RISK OF HARM TO SELF: YES NO

Please provide a detailed account of how this person has physically harmed, attempted to physically

harm or threaten to harm him/herself within the past 10 days because of his/her mental illness.

PLEASE INCLUDE THE DATE(S) WHEN YOU PERSONALLY OBSERVED THE INCIDENT(S)

DATE (MUST BE WITHIN 10 DAYS OF APPLICATION TO INCLUDE TODAY)	SPECIFIC OVERT ACT PERSONALLY WITNESSED

5. RISK OF HARM TO OTHERS: VES NO

Please provide a detailed account of how this person has physically harmed, attempted to physically

harm or threatened to harm another person within the past 10 days because of his/her mental illness. In

addition, include the name of the person who received any injuries, and when it occurred.

PLEASE INCLUDE THE DATE(S) WHEN YOU PERSONALLY OBSERVED THE INCIDENT(S)

DATE (MUST BE WITHIN 10 DAYS OF APPLICATION TO INCLUDE TODAY)	SPECIFIC OVERT ACT PERSONALLY WITNESSED



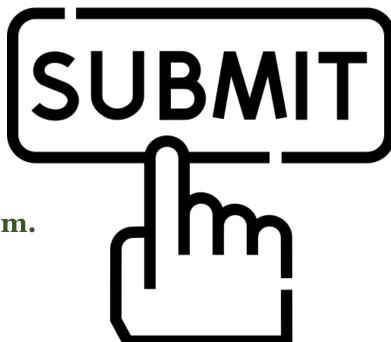
SUBMITTING PAPERWORK EMERGENCY DETENTION WARRANT

THE PAPERWORK IS EMAILED/DELIVERED TO:

COUNTY ATTORNEY'S OFFICE, MENTAL HEALTH UNIT

Michele Rodriguez: <u>Michele.Rodriguez@epcounty.com</u> Marisol Nevarez: <u>MaNevarez@epcounty.com</u> <u>Monday – Friday (except holidays)</u> <u>During: 8:00 a.m. – 12:00 p.m.</u>

> <u>The Magistrate – Jail (Physicians ONLY)</u> <u>Monday - Friday after 12:00 p.m.</u> <u>weekends and holidays</u> FAX: (915) 546-2256



What is it?

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- An application is a request to the court to formally hold a commitment hearing.
- PCO is an order from the court that allows a MH facility to keep a patient in custody before the commitment hearing is held.

0 How does a PCO get granted?

- A PCO gets temporarily approved through a CME and possibly finalized at a probable cause hearing. (PC hearing must be held within 72 hours)
- If probable cause is found, PCO is granted until hearing on commitment is held.



CERTIFICATE OF MEDICAL EXAMINATION

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Diaman Pater Landardo, L. My constra-My c

Patient, where address in

10.1 C Princip disconnected on 1 advanced de Proposel Arboritet communication solt en mode en la product.

My diagonate of the physical and garded could be a Proper of Dataset to

3. I recommend that the Proposed Patient receive the following treatment:

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more than 90 days.

I UNDERSTAND THAT BY SIGNING THIS CERTIFICATE OF MEDICAL EXAMINATION, I MAY BE CALLED SUBPORNAED TO TESTIFY ABOUT THIS EXAMINATION WITHIN I TO 5 DAYS, BEFORE THE PROBATE COURT, LEVING JURISDICTION OVER THIS MATTER BEARINGS ARE BELD AT THE EL PASO PSYCHIATMIC CENTER, 445 ALAMEDA AVE, BE PASO, TX 7998, AT 590 AM, EVERY MONDAY AND THEWSDAY.

EXECUTED AND SWORN TO UNDER PENALTY OF PERJURY data _____ day of ______, 20____

(Note: Complete this section only if seeking an order for extended montal health services.)

YES NO - I am of the opinion that the Proposed Patient's condition is expected to continue for

(Physician's Signature)

SUBSCRIBED AND SWORN TO before me on this _____ day of ______ 20_____

NOTARY PUBLIC is and for the STATE OF TEXAS

The Proposed Parlient has been under my care: () since (INDOCATE TIME PERIOD) OR

() I an performing a consultation evaluation only.

4. My prior or current treatment, if any, of the Proposed Patient has been as follows:

In my opinion, the Proposed Patient: (check all dust apply)

() is mentally ill; and

() as a result of that illness is likely to cause serious haves to self, and/or

() is a ready of that diness is likely to cause serious haves to others, and or () is suffering severe and abasenial mental, encoursed or phosical distorse, experiencing substantial

() is selling some the represent model, theorem is proved above, expressing some that is

physical descinotion of the ability to function independently which is exhibited by the inshibity, encoupling reasons of indigenzie, to provide for basic stends, including food, clothing, bashh or subry; and is not abile to make a mational and informal decision on its whichm at not to softent to treatment, and/or () is number to participate in compotent treatment services effectively and voluentity and whose menual illusors is server and persistent, and or

() is chemically dependent and, as a result of flast chemical dependence is likely to cause sension harm low eff, or is likely to cause sension harm to effect, or will, contained to experiment chemication of the ability to francisco independently and is workly to make a returned and informed documents to the whether or nor to colman to return price.

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5. (1) On or about the proposed patient committed the following activity

6. (Note: Complete this section only if socking an order of protective control(s) from of the spinite that the Proposed Pathenet, because of neurital illness, prevents a substantial dok, of serious form is soft or others if not inmonthatise predictived. (Since neurital control of the by the percent location or by reaching of series exactions of dolores and deterioration is constit conductors for order to the percent constitution of the control of the control of the barries.) The datability has been used to a spin order to be the control of the control

NO.	
THE STATE OF TEXAS FOR THE BEST INTEREST AND PROTECTION OF:	IN THE PROBATE COURT OF
	EL PASO COUNTY, TEXAS
(INITIALS ONLY)	
D.O.B.:	
	FICATE OF MEDICAL EXAMINATION
	d to practice medicine in the state of Texas, or a person employed by an e medicine in any state of the United States, do hereby certify, to wi
1. My name is	
	day of, 20, at approximately
a.m./p.m., at the followin	ng location:
	, I evaluated and
	(Name of Proposed
Patient), whose address is:	
	nination, I informed the Proposed Patient that communications not be privileged.
2. My diagnosis	of the physical and <u>mental condition</u> of the Proposed Patient is:

- 3. The Proposed Patient has been under my care:
 - () since _____(INDICATE TIME PERIOD). OR
 - () I am performing a consultation evaluation only.
- 4. My prior or current treatment, <u>if any</u>, of the Proposed Patient has been as follows:

5. In my opinion, the Proposed Patient: (check all that apply)

- () is mentally ill; and
-) as a result of that illness is likely to cause serious harm to self; and/or
- () as a result of that illness is likely to cause serious harm to others; and/or
 - () is suffering severe and abnormal mental, emotional or physical distress; experiencing substantial mental or

physical deterioration of the ability to function independently which is exhibited by the inability, except for reasons of indigence, to provide for basic needs, including food, clothing, health or safety; and is not able to make a rational and informed decision as to whether or not to submit to treatment; and/or () is unable to participate in outpatient treatment services effectively and voluntarily and whose mental illness is severe and persistent, and/or

() is chemically dependent and, as a result of that chemical dependence is likely to cause serious harm to self, or is likely to cause serious harm to others, or will, continue to experience deterioration of the ability to function independently and is unable to make a rational and informed decision as to whether or not to submit to treatment.

On or about	(date), the proposed patient said the following:
) On or about	, the proposed patient committed the following act(s):
	, the proposed patient committee the following act(s).

6. (Note: Complete this section only if seeking an order of protective custody.) I am of the opinion that the Proposed Patient, because of mental illness, presents a substantial risk of serious harm to self or others if not immediately restrained. (Harm may be demonstrated either by the person's behavior or by evidence of severe emotional distress and deterioration in mental condition to the extent that the person cannot remain at liberty until the time of the hearing). The detailed basis for such an opinion is:

- 7. (Note: Complete this section only if seeking an order for extended mental health services.)
 YES NO I am of the opinion that the Proposed Patient's condition is expected to continue for more than 90 days.
- 8. I recommend that the Proposed Patient receive the following treatment:

I UNDERSTAND THAT BY SIGNING THIS CERTIFICATE OF MEDICAL EXAMINATION, I MAY BE CALLED/SUBPOENAED TO TESTIFY ABOUT THIS EXAMINATION WITHIN 1 TO 5 DAYS, BEFORE THE PROBATE COURT, HAVING JURISDICTION OVER THIS MATTER. HEARINGS ARE HELD AT THE EL PASO PSYCHIATRIC CENTER, 4615 ALAMEDA AVE., EL PASO, TX 79905, AT 9:00 A.M., EVERY MONDAY AND THURSDAY.

EXECUTED AND SWORN TO UNDER PENALTY OF PERJURY this _____ day of _____, 20____.

(Physician's Signature)

SUBSCRIBED AND SWORN TO before me on this _____ day of ______, 20____.

NOTARY PUBLIC in and for the STATE OF TEXAS

5. (a) The factual basis for my opinion is as follows (Be specific, give all details.):

On or about <u>03/16/2021</u> (*date*), the proposed patient said the following: <u>46-year-old Hispanic female with PPH of Bipolar Disorder, previous psychiatric admissions, and previous</u> <u>suicidal attempt admitted to Medical ICU after walking in front of a car. Patient suffered multiple fractures to</u> <u>jaw, ribs, and pelvis. Patient states she walked in front of car because she was "fed up."</u> She reports she hears <u>voices telling her to kill herself. She reports she walked out of house on day of accident floating on two</u> <u>pillowcases and experienced an out of body experience. She reports she was in contact with two strangers that</u> <u>day with whom she communicates telepathically. She alleges they were able to sync up, obtain a bible and burn</u> the same pages of said bible at the same time at different locations.

5. (b) On or about <u>03/16/2021</u>, the proposed patient committed the following act(s): Patient was awake and alert. Cooperative with interview but disheveled. Patient has decreased eye contact. Her speech was clear, with increased rate and volume. Mood is described as "not so good." Affect is flat and congruent with stated mood. Thought process is circumstantial and tangential with flight of ideas. Thought content are devoid of suicidal ideation and homicidal ideation at this time. Patient endorses paranoid, grandiose and bizarre delusions as well as auditory hallucinations. Judgement and insight are poor as evidenced by events leading to admission.

6. (Note: Complete this section only if seeking an order of protective custody.)

I am of the opinion that the Proposed Patient, because of mental illness, presents a substantial risk of serious harm to self or others if not immediately restrained. (Harm may be demonstrated either by the person's behavior or by evidence of severe emotional distress and deterioration in mental condition to the extent that the person cannot remain at liberty until the time of the hearing). The detailed basis for such an opinion is: Patient requires inpatient psychiatric treatment as patient is a danger to herself, danger to others, and at further

risk of deterioration and decompensation. Patient is currently in a manic episode which renders her unable to

make rational decisions. Patient requires inpatient psychiatric treatment and observation at this time.

- If PCO granted, Patient will remain detained until Final Hearing
- If PCO NOT granted, Patient must be released.

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- Either way a Final Hearing will be set for the next Court Date. (Mon/Thurs).
 - Psychiatrist must prepare 2nd CME stating that if not committed, patient will be in imminent risk of harm to self or others because of Mental Illness.

FINAL HEARING

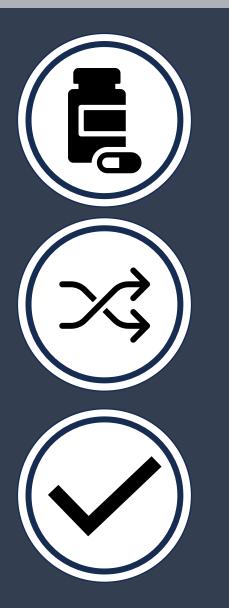
Physician must testify as expert witness Must prove by clear and convincing evidence that:

- Patient suffering from a Mental Illness
- Imminent risk of harm to self or others
- Suffering from a severe and abnormal physical, psychological, and emotional distress and that because of that distress PT unable to function independently.

Must be held within 30 days

- Patient must be committed before the court can order psych meds
- **Once committed, facility will look into outpatient**

AFTER FINAL HEARING



MEDS

MODIFICATIONS AOT



QUESTIONS?

ROBERTO KUTCHER DIAZ, MD.

<u>rkutcher@tthusc.edu</u> **DANIELA CHISOLM**, *Sr. Trial Attorney* <u>d.chisolm@epcounty.com // (915) 244-3697</u>

Michele Rodriguez, Paralegal Michele.Rodriguez@epcounty.com Marisol Nevarez, Legal Secretary MaNevarez@epcounty.com



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